Important Reminders

- First day of school, <u>Monday</u>, <u>August 21</u>, <u>2023</u>. (<u>Bring school supplies</u>)
- 2. School hours: 8:30 a.m. 3:00 p.m.
- 3. Every Friday school will be dismissed at 2:00 p.m.
- 4. Students should arrive by 8:15 a.m./leave by 3:15 p.m. or earlier.
- 5. Telephone calls to the school should be made before and after school. *Unless there is an emergency*
- 6. Students entering grades 1, 4, 7 and all new students are required by state law to have a physical medical exam. Please use the medical form provided by the school. Medial forms are due by September 30th. (or medical form provided by doctor)
- 7. Snow Days: When school is cancelled due to snow or stormy weather, power outage, please check your local TV station. Look for cancellations, South Hampton, NH. Also, you will receive a courtesy call/text from the Principal/faculty
- 8. Lunches/Snacks: A healthy and well-balanced lunch should be provided daily along with lots of water/water bottle. Nutritious snacks such as juice, fruits, veggies, nuts, & crackers are recommended if needed. Please avoid caffeine drinks, sodas, high sugary desserts, pork meat, lunch slices like ham pepperoni, crab meat, lobster and highly processed foods.
- 9. **Student Illness:** When students are sick (cold, flu, headache, fever, bad cough, etc.,) please keep your child home. **Notify** the school in the morning. When child returns to school please send a note stating your child is feeling better and is able to participate in all school activities.
- 10. Please read all the papers in this "Back-to-School" packet. Fill in the necessary forms and return to school on the first day. Thank you.